## Read the full description before looking at the picture.

The picture below has 2 identical dolphins in it.

It was used in a case study on stress levels at St. Mary 's Hospital.

Look at both dolphins jumping out of the water.

The dolphins are identical.

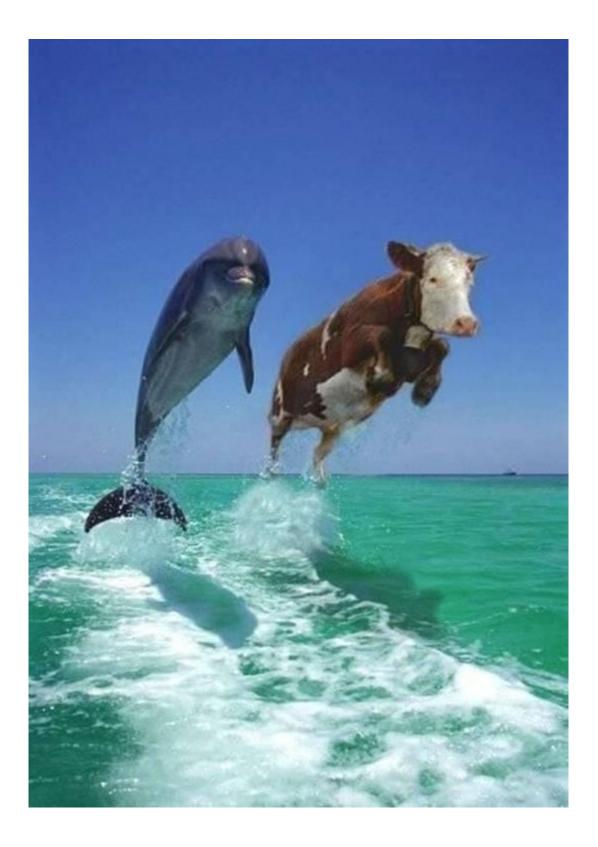
A closely monitored scientific study revealed that, in spite of the fact that the dolphins are identical,

a person under stress would find differences in the two dolphins.

The more differences a person finds between the dolphins, the more stress that person is experiencing.

## Look at the photograph and if you find more than one or two differences you need to go on holiday.

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## No Need to Reply, I'll be on holiday

## Never take life seriously. Nobody gets out alive anyway.